



INFORMING  EMPOWERING  ENGAGING 

Are you a parent carer of a
child with additional needs?

Want to feel more
informed and empowered?

PARENT EMPOWERMENT PROGRAMME TRAINING

Course Covering:

- Contenance
- Confidence Building
- Resilience
- Values
- Behaviour Support
- Sleep
- Grants
- Activities

PARENT POWER

Lunch
Provided

With
Caroline
Tomlinson

Proud to be part of

The Deal

in partnership with Wigan Council

We are delighted to have Caroline Tomlinson facilitating. Caroline has been an active parent carer for over 30 years. She has worked nationally and internationally with families. She is well known for being a highly motivating speaker / trainer / author using her own experiences of her son Joe with complex needs, living a good life for families to see possibility. She has worked across councils, CCGs, education, has influenced national policy and is a qualified mediator and coach. Caroline is the Founder and CEO of My Life - a charity working with all ages and abilities www.my-life.org.uk

Please contact: participation@wiganpcf.org.uk /07719 330602 with any queries.



Eventbrite

Wigan Cricket Club
Bull Hey, Parson's Walk,
Wigan WN1 1RU
Fridays 10am-2pm
For 6 weeks
Starting 1st October 2021